**No Cook 3-Bean Salad**

*My No Cook 3-bean salad is an excellent dish to have as a snack, side or to pack and take to work. This is my go-to potluck contribution and everyone loves it!*

**Prep Time: 15 minutes**

**Cooking Time: 0 minutes**

**Makes 4-6 servings**

**Ingredients**

* 1 can garbanzo beans, rinsed
* 1 can kidney beans, rinsed
* 1 can cannellini beans, rinsed
* 1 whole tomato, coarsely chopped
* 2 stalks celery, chopped
* ½ red onion, chopped
* ½ teaspoon red chili powder (optional, only if you prefer heat)
* 2 tablespoons chopped cilantro
* 2 cups baby spinach leaves

Dressing

* 2 cloves minced garlic
* ½ cup balsamic vinegar
* 2 teaspoons extra-virgin olive oil
* ¼ teaspoon salt, or to taste
* ¼ teaspoon fresh cracked black pepper, or to taste